



**EEC** EXPRESS  
ENGLISH  
COLLEGE

# JUNIOR PROGRAMME

AGE RANGE 11-17



**TRINITY**  
COLLEGE LONDON  
Registered Exam Centre 69283

Accredited by the  
**BRITISH COUNCIL**  
for the teaching  
of English in the UK



A SPECIAL  
INTEREST GROUP  
OF ENGLISH UK



Member of  
Greater Manchester  
Chamber of Commerce



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**JUNIOR PROGRAMME  
OUTLINE**



# Hello and welcome to

## EXPRESS ENGLISH COLLEGE

“I am delighted that you are considering the Junior Express English College Programmes in Manchester. As the Academic Manager I have inherited a fantastic establishment, bursting with creative activities, up-to-the-minute lessons, and enthusiastic teachers. Our Junior Programmes showcase the very best the college has to offer budding English linguists.

So, whether you are an aspiring footballer, a master filmmaker, a social media connoisseur in the making or an eager journalist ready to work in one of the most exciting cities in the world, we have something for you. Our programmes blend well-structured morning General English lessons with a jam-packed variety of activity fun in the afternoons. You will leave our Junior courses feeling confident in your English abilities, as well as having acquired skills that are sure to stand out for any college, university, or job application in the future.

So why not come and see why we are a top five-star rated language school in the UK? We are sure you'll fall in love with Manchester and have a fabulous time learning with us.

We look forward to welcoming you!”

Tim, Academic Manager



**Tim Catterall**  
Academic Manager



## EXPRESS ENGLISH COLLEGE ARE DELIGHTED TO WELCOME JUNIORS TO THE COLLEGE



We offer an exciting and ambitious English language programme especially for juniors, including fully interactive, engaging General English lessons in the morning and themed English + activity 'fields' in the afternoon.

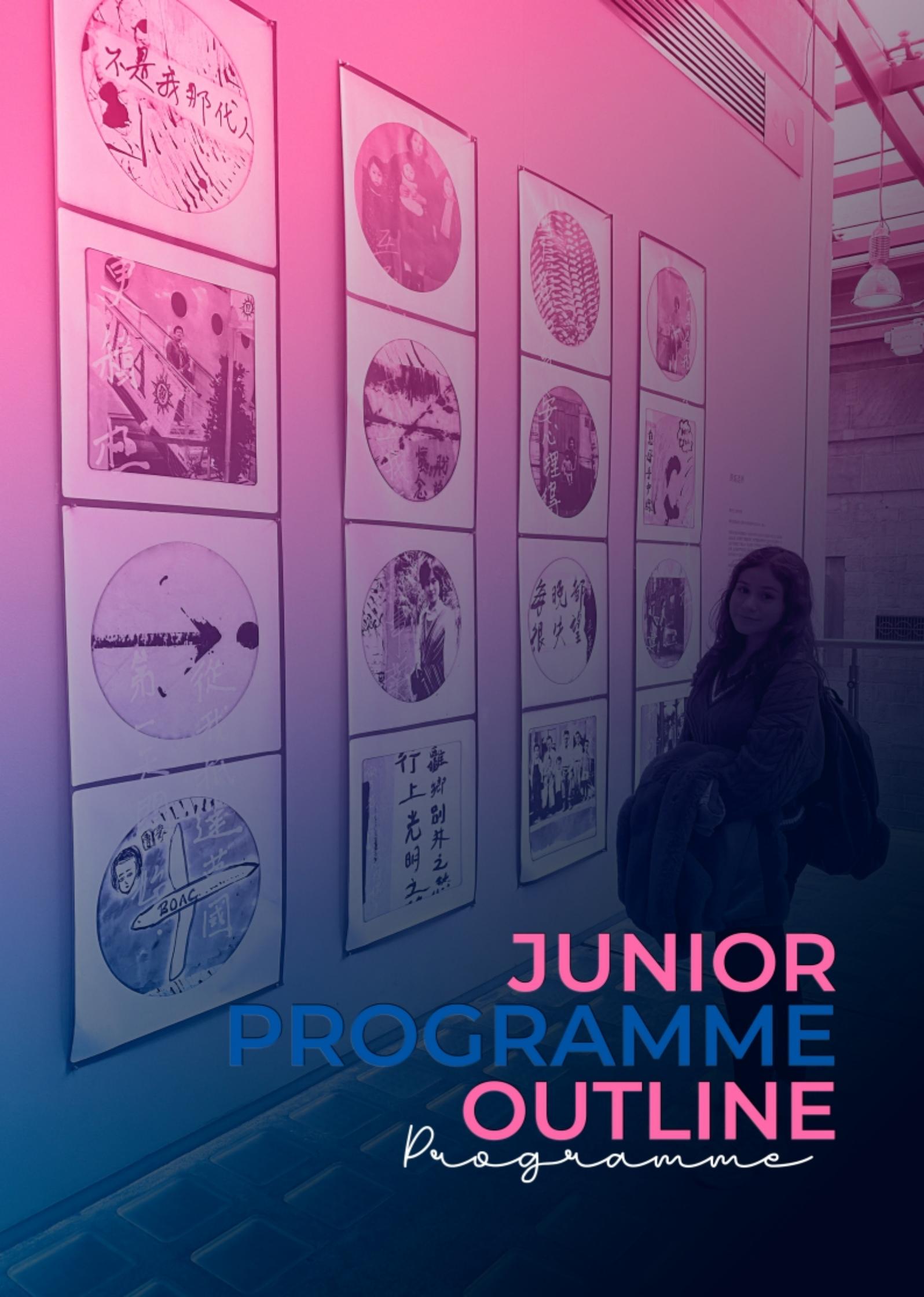
Manchester is the perfect UK destination to study English. A rich, vibrant, and lively cultural powerhouse, Mancunians are very proud of their city.

(A Mancunian is someone from Manchester!) Manchester is undoubtedly the second capital city of the UK, and it is easy to see why. Fabulous shopping, exciting museums, great sporting facilities and within easy reach of other incredible UK destinations, Manchester really does have it all!



Our maximum junior group size is 12, so there is a supportive teacher–student ratio. You can ask questions about things you are unsure about, so don't be shy! The college has an incredibly friendly atmosphere and a warm, welcoming smile for everyone who joins. We work hard to make our Junior Programmes fun, dynamic, varied, supportive and safe, and we are certain you will have a brilliant experience at Express English College.





# JUNIOR PROGRAMME OUTLINE

*Programme*



## ABOUT THE WEEKDAY MORNINGS

We offer General English at all levels. Juniors will study:

-  speaking
-  listening
-  reading
-  writing
-  grammar
-  vocabulary
-  pronunciation

**3**  
hours a day

- Each morning
- Monday to Friday

**20**  
lessons a week

- 15 hours of guided learning

## ABOUT THE WEEKDAY AFTERNOONS

The afternoon activities depend on which activity theme you have chosen for your afternoon sessions. You will enjoy either football-related activities (English with Football Course), filmmaking and social media broadcasting projects (English with Film & Social Media Making/Gaming) or visual, spoken, and written journalism skills (English with Journalism & Photojournalism).





## WHY STUDY ENGLISH IN MANCHESTER WHILST DEVELOPING FUN SKILLS IN THESE FIELDS?

Manchester, the home of the college, is the perfect location for developing in these professional fields.

### FOOTBALL

Manchester is home to two of the most famous football teams in the world – Manchester City and Manchester United. Football matches make up some of Manchester's most exciting, atmospheric events and are a huge part of the city's cultural identity. The football industry is ambitious and lively – and originates from Manchester. Manchester is the heart of football; football is the heart of Manchester!

A trip to Manchester would not be complete without a tour around the Etihad and Old Trafford Stadiums. There are excellent football pitches all around the city and for any football fan wanting to learn English studying in Manchester is a no-brainer!





## FOOTBALL JUNIOR PROGRAMME TIMETABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY* Arrival day	SUNDAY* Departure day
08:30-09:00	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	-FREE TIME -CHILL OUT TIME
09:00-10:00	General English Lesson 1	FULL DAY EXCURSION (Activities may include trips around Manchester or the UK.)	-TIME WITH HOMESTAY FAMILIES				
10:00-10:15	BREAKTIME	BREAKTIME	BREAKTIME	BREAKTIME	BREAKTIME		
10:15-11:15	General English Lesson 2						
11:15-11:30	BREAKTIME	BREAKTIME	BREAKTIME	BREAKTIME	BREAKTIME		
11:30-12:30	General English Lesson 3						
12:30-1:30	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH		
1:30-5:00	General Activities	Football Themed Activities	General Activities	Football Themed Activities	General School-Based Activities		
5:00-6:00	DINNER	DINNER	DINNER	DINNER	Friday Fun! (Activities may include bowling, cinema trips, shopping. Includes a restaurant trip.)		
6:00-10:00	-Free Time -Chill Out Time -Time with Homestay Families						

\*Weekend timetable may vary due to planned excursions or planned activities with homestay families.

Sample timetable, subject to change if necessary.





## MEDIA/SOCIAL MEDIA/JOURNALISM

Manchester is also a world-famous city for journalistic writing and the visual arts. The city is lucky enough to benefit from the brilliant biennial Manchester International Festival which showcases local filmmaking, journalistic and acting highlights. Many films, dramas, news programmes and documentaries have been produced or filmed in Manchester. Some of these include Coronation Street, Come Dine with Me, A Question of Sport and University Challenge.



The world-famous BBC now prefers to work from Salford (just a few minutes from Manchester City Centre) and the BBC regional headquarters and ITV are located at MediaCityUK, a huge broadcasting epicenter based in Salford. London is no longer the most famous media centre anymore... Manchester is!

Channel 4 and Children's BBC also frequently make use of Manchester's state-of-the-art broadcasting and journalistic facilities.

Manchester is also the hometown of the major British newspaper, The Guardian (it was actually called The Manchester Guardian for 150 years!). The Manchester School of Journalism, Trinity Mirror UK and Manchester Evening News are all major news and journalism organizations in Manchester. Manchester has a thirst for local news and is passionately engaged with current events, local politics, and regional sport. If you want to learn English by adding a film, journalistic or social media twist, you really couldn't be in a better place than Manchester.





There are so many advantages to studying English with a themed focus for juniors!



Lessons are not just about 'boring' grammar, they have a real-world focus;



Students can develop highly sought-after skills which look great on applications and personal statements;



You will know how to communicate better in these fields, having learnt specific vocabulary and experienced real-life situations;



You will leave with a portfolio of work that you have produced (Social Media & Film / Journalism & Photojournalism options) that you can use in the future.



## FILM/SOCIAL MEDIA JUNIOR PROGRAMME TIMETABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY* Arrival day	SUNDAY* Departure day
08:30-09:00	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	-FREE TIME -CHILL OUT TIME -TIME WITH HOMESTAY FAMILIES
09:00-10:00	General English Lesson 1	FULL DAY EXCURSION (Activities may include trips around Manchester or the UK.)					
10:00-10:15	BREAKTIME	BREAKTIME	BREAKTIME	BREAKTIME	BREAKTIME		
10:15-11:15	General English Lesson 2						
11:15-11:30	BREAKTIME	BREAKTIME	BREAKTIME	BREAKTIME	BREAKTIME		
11:30-12:30	General English Lesson 3						
12:30-1:30	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH		
1:30-5:00	General Activities	Film/Social Media Themed Activities	General Activities	Film/Social Media Themed Activities	General School-Based Activities		
5:00-6:00	DINNER	DINNER	DINNER	DINNER	Friday Fun! (Activities may include bowling, cinema trips, shopping. Includes a restaurant trip.)		
6:00-10:00	-Free Time -Chill Out Time -Time with Homestay Families						

\*Weekend timetable may vary due to planned excursions or planned activities with homestay families.

Sample timetable, subject to change if necessary.



A SPECIAL INTEREST GROUP OF ENGLISH UK





## THE SCHOOL

The school is located in modern, comfortable surroundings. Our classrooms are equipped with up-to-date digital technologies for effective teaching and learning alongside a cozy lounge, computer, and café area. It is an extremely safe, comfortable, and bright premise, well-maintained and secure from main roads, yet only ten minutes away from the 'new London': Manchester City Centre. A huge supermarket is a few minutes' away, the gorgeous Alexandra Park is just down the road and excellent public transport links to

- ✓ Large, bright classrooms with comfortable desks and modern smart boards;
- ✓ Latest teaching materials (with an environmental focus!);
- ✓ Study area equipped with Macs;
- ✓ VR gaming facilities;
- ✓ Fictional English language books and resources;
- ✓ Table football;
- ✓ Board games;
- ✓ Café/lounge area complete with our very own barrister, Gaby! (Delicious cakes, too!);
- ✓ 10–20 minutes from Manchester city centre by public transport;
- ✓ Option to have airport pick-up and drop-off.





## THE TEACHERS

You will be taught by teachers with industry-standard qualifications and expertise in specific fields of English studies. All our teachers are super passionate about teaching English and bring together a wealth of experience and creative ideas for leading lessons. Our teachers are British, and you will get to experience a few different English accents. Essential for navigating the English-speaking world in the future, as there are plenty of different accents!

Our teachers are delighted to offer you:



Industry-leading, fully accredited English tuition;



A supportive, encouraging environment;



A space to ask questions and go through any tough grammar issues;



Creative direction to pursue your interests and hobbies;



Local knowledge about the area!





## PROGRAMME OPTIONS



**ONE WEEK** duration (minimum)

to **FOUR-WEEK** duration (usual maximum).

### GENERAL ENGLISH

4 lessons (3 hours)

Each weekday morning  
Monday to Friday

20 lessons / 15 hours tuition

Afternoon 'themed activity skills' – choose from:



Football (2 afternoon sessions a week)



Film/Social Media (2 afternoon sessions a week)



Journalism (2 afternoon sessions a week)

During the other afternoons a range of supervised activities will be available as options for all students (regardless of which programme has been chosen). We have a huge list of exciting extracurricular activities on offer for our students! How about a visit to the local climbing wall, or an exciting group adventure at Laser Quest? Film Club and Conversation Club are also available every week to really make the most of your time in the UK and develop your speaking skills with your new friends. Language building team games, including everything from VR gaming to traditional board games, are all available in the lounge area.



Manchester is packed with additional sports for your enjoyment too, such as trampolining, indoor skiing and five-a-side football. Local area trips/visits are our specialty: why not take a trip to the fascinating Science & Industry Museum, or see some proper English countryside in the Pennines? Weekends can involve longer trips outside of Manchester to experience more of the UK. A selection of the fantastic options available include a trip to Blackpool, possibly the UK's best-loved seaside destination, to try some rock and while away the hours on the world-famous Pleasure Beach. A trip to our Scottish neighbours in Edinburgh is also on the cards, where you can learn more about the bloody history of the castles and even try some haggis! Feeling musical? Let's head to Liverpool for some Beatles mania and unique accents!

There will also be time for juniors to talk in English and get to know their host family, as well as scheduled rest time and free time.





## WHICH PROGRAMME IS BEST FOR ME?

Further information about the programme options:

### ENGLISH WITH FOOTBALL

This is for juniors passionate about all things football!



**MORNING:** You'll learn vocabulary and grammar relevant to the world of football – playing it, watching it, managing it and the industry as a whole. You'll listen to audio, talk, read, and even write about football. You'll also have fun, engaging and motivational sessions about other aspects of English, such as speaking, pronunciation, tenses and how to find information in

videos and other texts. There will be games, quizzes, free speaking opportunities, online interaction, technology and even competitions!

**AFTERNOON:** During your football sessions, you'll apply the vocabulary and grammar you've learned to real-life situations, such as playing football, getting some exciting training, or touring stadiums.

#### ENGLISH WITH FOOTBALL COURSE INCLUDES:

- 15 hours per week of General English lessons;
- 2 football themed afternoon sessions each week;
- Other general activities, including shopping trips, sport centre trips, musical trips. We have a huge selection on offer!
- Weekend excursions and entertainment;
- Accommodation in either homestay accommodation or residential accommodation;
- Excellent facilities in the school;
- On-site food available with both half and full board options.



## ENGLISH WITH FILM AND SOCIAL MEDIA MAKING/GAMING COURSE



If you are obsessed with film, media, and technology this option is for you!

**MORNING:** You'll learn vocabulary and grammar about films and social media developments. You'll read and listen to film reviews, scripts, and extracts. You'll practise different types of language that can be found on social media. You'll discuss films, TV, and other media. There will even be an opportunity to put some drama shoes on and do a bit of acting!

You'll also have fun, engaging and motivational sessions about other aspects of English, like speaking, pronunciation, tenses and finding information in different kinds of texts. There will be games, quizzes, free speaking opportunities, online interaction, technology and even competitions!

**AFTERNOON:** During your filmmaking/social media making sessions you'll receive guidance from filmmakers and social media

experts. You will have the opportunity to make and produce something of your own, usually in teams. You can get involved with managing the college social media accounts and see what goes on behind the scenes to make a company stand out online. We will also go to Manchester city centre to film, or perhaps even further afield, to exciting locations such as Blackpool or Liverpool! You will learn how to plan, shoot, and edit a short film production. You will design your own VR game (perhaps inspired by our on-site VR games) or film storyboard and pitch it to a fictional media company. You will also work in teams to set up your own media company and present the concept to your classmates. You will also take an exciting behind-the-scenes tour around HOME, Manchester's best and largest independent cinema.



## ENGLISH WITH FILM AND SOCIAL MEDIA MAKING/GAMING COURSE INCLUDES:

- 15 hours per week of General English lessons
- 2 film/social media themed afternoon sessions each week
- Other general activities, including shopping trips, sport centre trips, musical trips... we have a huge selection on offer!
- Weekend excursions and entertainment
- Accommodation in either homestay accommodation or residential accommodation
- Excellent facilities in the school
- On-site food available with both half and full board options

## ENGLISH WITH JOURNALISM AND PHOTOJOURNALISM COURSE



Maybe you are interested in what it's like to be a journalist or are thinking of becoming one! Get some journalistic experience under your belt or enjoy creating something new and inspiring with our journalism and photojournalism option.

**MORNING:** You'll learn vocabulary and grammar connected to journalism in writing, speaking and photography. You'll do some journalistic listening and reading. You'll discuss and debate news stories, photos, documentaries, and blogs. You can practise interviewing each other and produce your own news agendas! You will have the opportunity to conduct journalistic research and produce your own news article for print, complete with photojournalism and a snappy headline! You will learn the importance of layout, typography, editing and working to deadlines.



You'll also have fun, engaging and motivational sessions about other aspects of English, like speaking, pronunciation, tenses and finding information in different kinds of texts. There will be games, quizzes, free speaking opportunities, online interaction, technology and even competitions!

**AFTERNOON:** During your journalism sessions, you'll go

around the city to learn how to report on a story. You'll take pictures, interview people, and do on-the-spot research. It will be fun, challenging, and exciting! You'll also edit your ideas into a news article, social media blog post or TV feature. You will also take a fascinating tour around the BBC at MediaCityUK!

### ENGLISH WITH JOURNALISM AND PHOTOJOURNALISM COURSE INCLUDES:

- 15 hours per week of General English lessons
- 2 Journalism and Photojournalism themed afternoon sessions each week
- Other general activities, including shopping trips, sport centre trips, musical trips... we have a huge selection on offer!
- Weekend excursions and entertainment
- Accommodation in either homestay accommodation or residential accommodation
- Excellent facilities in the school
- On-site food available with both half and full board options



## JOURNALISM JUNIOR PROGRAMME TIMETABLE

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY* Arrival day	SUNDAY* Departure day
08:30-09:00	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	-FREE TIME -CHILL OUT TIME -TIME WITH HOMESTAY FAMILIES
09:00-10:00	General English Lesson 1	FULL DAY EXCURSION (Activities may include trips around Manchester or the UK.)					
10:00-10:15	BREAKTIME	BREAKTIME	BREAKTIME	BREAKTIME	BREAKTIME		
10:15-11:15	General English Lesson 2						
11:15-11:30	BREAKTIME	BREAKTIME	BREAKTIME	BREAKTIME	BREAKTIME		
11:30-12:30	General English Lesson 3						
12:30-1:30	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH		
1:30-5:00	General Activities	Journalism Themed Activities	General Activities	Journalism Themed Activities	General School-Based Activities		
5:00-6:00	DINNER	DINNER	DINNER	DINNER	Friday Fun! (Activities may include bowling, cinema trips, shopping. Includes a restaurant trip.)		
6:00-10:00	-Free Time -Chill Out Time -Time with Homestay Families						

\*Weekend timetable may vary due to planned excursions or planned activities with homestay families.

Sample timetable, subject to change if necessary.





## AT THE END OF THE COURSE, YOU WILL TAKE HOME:

- ✔ An Express English College certificate;
- ✔ A personalized school report with information about your specific strengths and areas for improvement;
- ✔ A portfolio of work you have produced that you can use for college/university/job applications (social media & Film / Journalism & Photojournalism options);
- ✔ Digital group photo links for your albums;
- ✔ Lifelong memories and loads of great new friends from around the world!





## ACCOMMODATION

You can choose to either stay in residential accommodation in central Manchester or to be placed with a homestay host. We also offer a course-only option, for students who have their own accommodation arrangements.



### RESIDENTIAL ACCOMMODATION HOMESTAY

In our residential accommodation you will have a bright, comfortable en-suite room to yourself and share a kitchen, living area and study room with other students. Our luxurious residential accommodation is close to the college, and we offer either morning pick-up and drop-off as transport to college, or students can take public transport (15+ students only).

Homestay students benefit from practising English with people from the UK, enjoying a half or full board food option, having a laundry service (for machine-washable clothes only) and feeling like 'part of the family'. Residential accommodation is very comfortable and convenient, allowing you time alone as well as time with your class friends.





## FOOD

We offer delicious, comforting food from a range of cuisines at Express English College. Whatever your dietary requirements may be, don't worry, we've got you covered. We can cater for vegetarian, vegan, gluten-free and halal diets.

Our junior programme meals include:



Breakfast, lunch, and dinner served on-site throughout the day;



Healthy snacks throughout the day at break times;



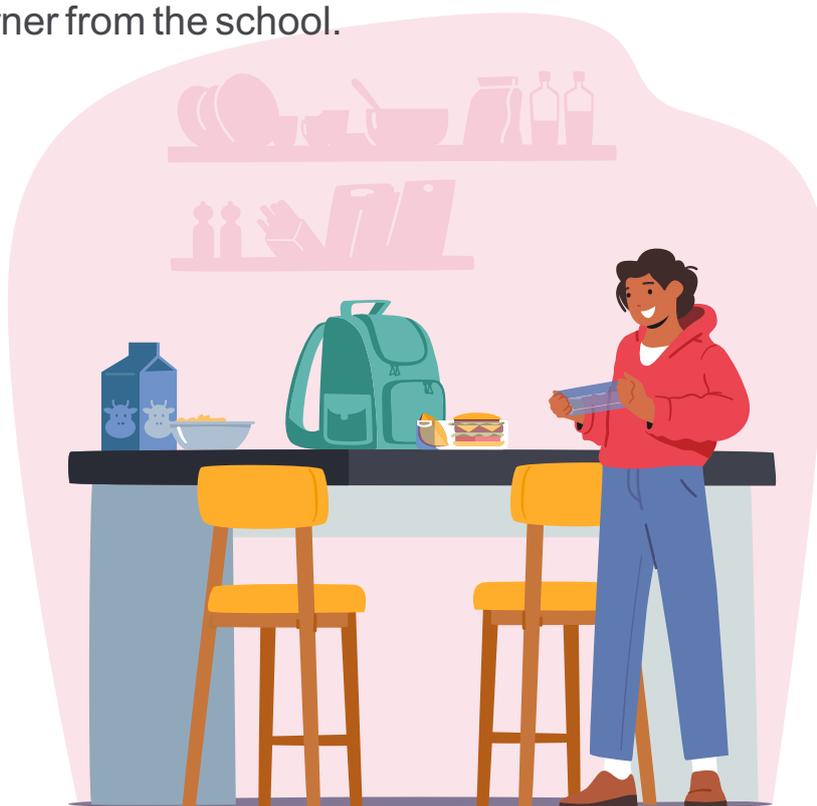
Packed lunches on weekend excursion days;



Cakes, juice, and hot drinks available from our on-site café;



The option to buy extra snacks in the supermarket round the corner from the school.





## SAFETY AND WELFARE

The safety of the juniors in the college is our number one priority. The school is well-secured, with coded gates to enter and exit the premises and CCTV throughout. We have an on-site Welfare Officer, Moz, who can help with any student welfare issues and First Aid-trained members of staff are permanently in the college.



We have worked with the homestay families and residential accommodation for many years, and they are trusted and verified by the college. All juniors attending our junior programs will be in safe hands.



## GREEN SCHOOL

We are the only language school in Manchester (and one of only four in the UK) to be listed as an environmentally friendly green school. This means that we take our commitment to the environment very seriously. One way we do this is by aiming to have an environmental focus in our course books and learning resources. The future is green, so why not learn more about the environment and how to protect it while also learning English?





## COVID-19

We are a fully COVID-19 compliant school. If a student or a member of staff contracts COVID-19, the school may need to close for up to two days for deep cleaning; class groups may be required to take PCR tests or self-isolate. During this period, all courses will be moved online.



In the unlikely event of a government shutdown, all courses will be moved online, and students will be very welcome to stay in their accommodation for the duration of their stay. If they do not wish to transfer to online courses, they will be offered a full refund, from the time of moving online, or a credit note valid for two years from their last day of studying with us. If they return home the balance of their accommodation will be refunded.

## WHAT ARE YOU WAITING FOR?

BOOK YOUR  
JUNIOR  
COURSE  
TODAY!





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