ACTIVITIES BROCHURE

Green Standard Schools

TRINITY COLLEGE LONDON
Registered Exam Centre 69283

Accredited by the BRITISH COUNCIL for the teaching of English in the UK

MEMBER ENGLISH UK

YOUNG LEARNERS ENGLISH UK
A SPECIAL INTEREST GROUP OF ENGLISH UK

Member of Greater Manchester Chamber of Commerce

EXPRESS ENGLISH COLLEGE

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ExpressCollege

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Welcome to

Welcome to

EXPRESS ENGLISH COLLEGE

During the academic year we run activities for students who comes to the college. We have daily activities on the college campus where you can have fun and meet other students. In addition to this we also have weekly trips in Manchester and other trips around the UK throughout the year. All our trips are led by native English speakers in a safe and fun environment. Taking part in these activities gives our students a great opportunity to learn about English culture and history, meet other students and improve their English all at the same time. We are looking forward to a fun-packed year.

ACTIVITIES AT THE SCHOOL

School

PLAYSTATION 4 AND VR GAMING

In the school we have VR gaming consoles. This is a great way to relax after a morning of serious studying.

WHEN	WHERE	COST
Monday to Friday 1pm - 2pm	Games Area	FREE

POOL AND BILLIARDS

Spend your lunch time taking part in a pool competition with your classmates.
See who will win!

WHEN	WHERE	COST
Monday to Friday 1pm - 2pm	Games Area	FREE

CHESS *Chess*

Try your best to beat your opponent and have fun whilst practising your speaking skills.

WHEN	WHERE	COST
Monday to Friday 1pm - 2pm	Games Area	FREE

FILM CLUB *Club*

Who likes popcorn? Sometimes we go to the cinema to watch a film, sometimes we watch one in the college. After we watch the films there will be an opportunity to improve our speaking skills through discussing the films, learning new vocabulary, grammar and idioms related to the film of the day.

WHEN	WHERE	COST
Wednesdays 2pm - 4pm (Ask for activity timetable)	Ver Zone/ Rainbow Class	FREE

ESL GAMES ON THE COMPUTERS

The college's library has state-of-the-art computers with internet access. We have a wide range of ESL games downloaded, giving students a chance to learn outside of the classroom.

WHEN	WHERE	COST
Monday to Friday 1pm - 2pm	Games Area	FREE

BOARD GAMES AND CARD GAMES

One for a rainy day? If you're not much of technology or just prefer a slower pace of life, this is the activity for you. Find yourself a partner, get to know them, and play a game.

WHEN	WHERE	COST
Monday to Friday 1pm - 2pm	Games Area	FREE

TABLE *Football*

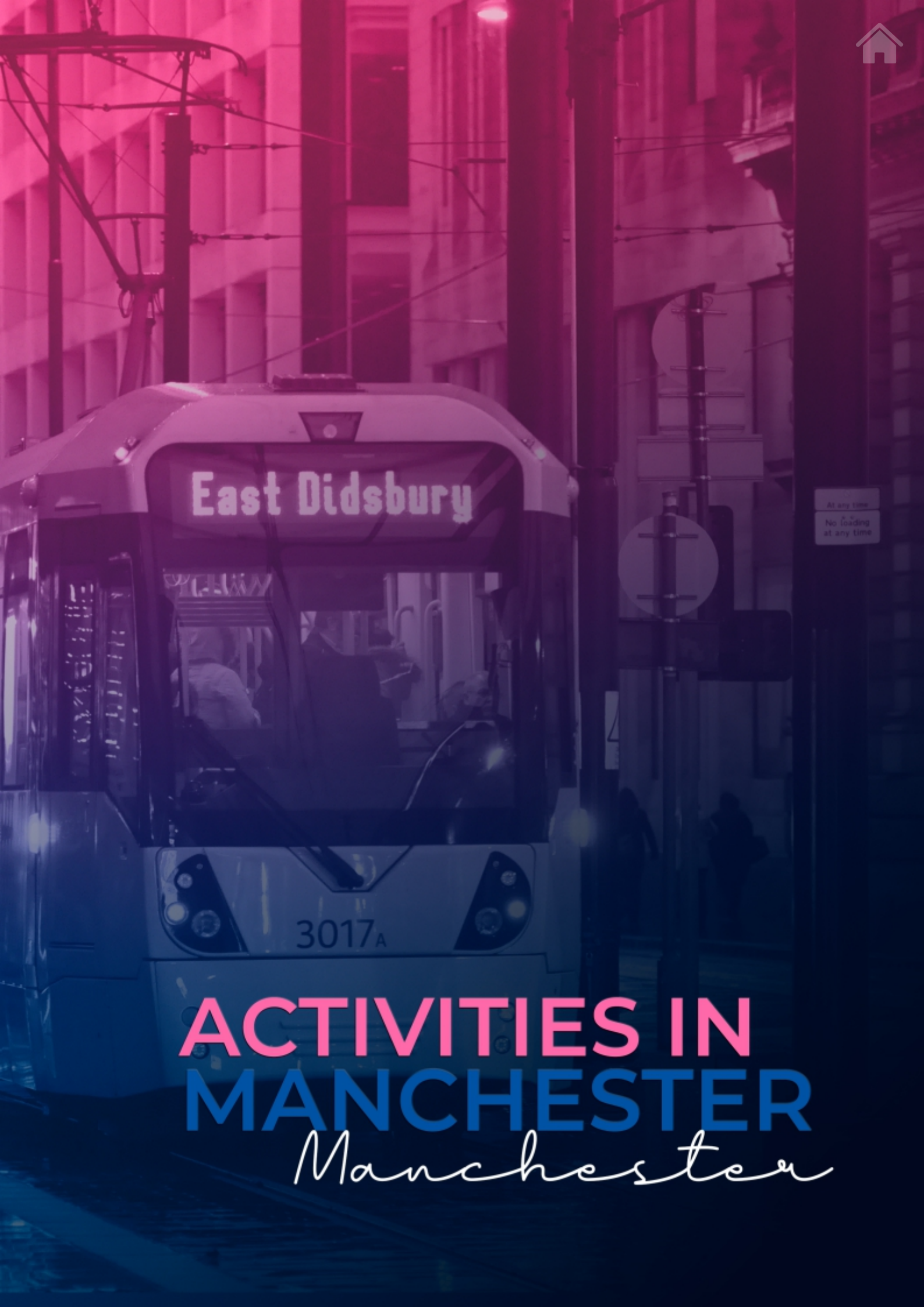
Are you red or Blue? When you come to Manchester, you will realise how important this question is! Manchester and football go hand in hand.

WHEN	WHERE	COST
Monday to Friday 1pm - 2pm	Games Area	FREE

CONVERSATION *Corner*

Our school has a fantastic common room with comfy chairs and delicious coffee. Come and join us in our conversation corner to talk with our teachers at fun drop-in sessions.

WHEN	WHERE	COST
Wednesdays 1pm - 2pm	Games Area/ Ver Zone/ Rainbow Waiting Area	FREE



ACTIVITIES IN MANCHESTER

Manchester

Manchester was voted the best place to live in the UK in 2019 and looking at its vibrant city centre its not hard to see why. Living and studying in Manchester you will get to learn about its interesting history and have fun in some of the best places around town. Our activities are varied so whatever your interests there will be something for you.

All our City Tours and some of our city trips are organised by Smile Adventure.

All our City Tours and trips are Free.

To find more about when these activities will take place, feel free to visit our social life page of our website, or directly visit smile adventure website at https://www.smileadventures.co.uk/

MANCHESTER ARNDALE SHOPPING CENTRE

Shop until you drop!

Shop in our city centre shopping centre until you cannot shop anymore! Get gifts for your friends and family and then do as the English do and stop for a wonderful cup of tea and cake. Stop for afternoon tea in one of our lovely cafes, hotels, or restaurants. It's a British institution.

THE TRAFFORD CENTRE

Experience even more shopping opportunities at the Trafford Centre where you can buy whatever you need for friends or family. You can also treat yourself!

MUSEUMS AND ART GALLERIES

Galleries

The Whitworth Art Gallery,
The Manchester Art Gallery,
The Lowry Art Gallery.

The best thing about the UK is that almost all of the Museums and Art Galleries are free.

BUS TOUR

tour

Visit the top sights of Manchester on top of a traditional double decker bus!

Visit Albert Square, Manchester Cathedral, Piccadilly Gardens and see Manchester United's stadium. Listen to the English commentary to find out all about the city!

WALKING TOUR

tour

This tour visits the architecture and interior of some of Manchester's oldest and most interesting buildings.

Understand the past, present and future of Manchester from the Industrial Revolution to its modern music scene.

EXPLORE THE NORTHERN QUARTER

quarter

Spend an afternoon in Manchester's Northern Quarter. With many independent shops, cafés, and record shops there is a lot to see.

Around every corner there is mind-blowing street art and graffiti.

This Provides some great photo opportunities for photographers.

SEE THE SIGHTS IN CHORLTON AND DIDSBURY

Explore the popular suburbs of Chorlton and Didsbury. By taking a short metrolink tram from the city centre we can explore these areas. Both areas have leafy streets, cool cafes and quirky bookshops. We can also visit popular outside spaces and parks in these areas.

GO UNDERGROUND IN STOCKPORT'S AIR RAID SHELTER

Experience what being in an air raid shelter in WW2 felt like. Visiting this real-life air raid shelter will give you an insight into the wars impact on local people.

This is a great opportunity to learn about English history during the great war.

WALK THROUGH THE COBBLED STREETS OF CASTLEFIELD

Castlefield is an interesting part of Manchester and well worth a visit. You will get to see the traditional canal boats that once transported all goods throughout England.

SEE A SHOW AT THE ROYAL EXCHANGE THEATRE

Come and see an afternoon showing of popular performance at one of Manchester's oldest theatres. These include comedy shows, plays and musical performances.

USE YOUR ENGLISH TO ESCAPE

Visit an escape room with your friends and classmates and solve clues to escape. Each room has a different theme and puzzle to solve.

Improve your English skills by communicating with others and reading the clues!

ARE YOU A RED?

Take a tour of Old Trafford stadium. Learn about Manchester United's history and the legendary players that have played for this world-famous football club.
This is a memorable day for any fan.

ARE YOU A BLUE?

Another trip we will take is to the Etihad stadium, home to Manchester City. A fantastic day out for any fan and a chance to see one of the most expensive and well-designed stadiums in the world.

SPORTS IN MANCHESTER

Manchester

CYCLING FOR ALL

Join us for an afternoon cycling in the park. We will visit some of the best cycling routes in Manchester. With a tandem bike, even if you can't ride a bike, you can still be a passenger.

PADDLE BOARDING AND CANOEING

Trafford water sports centre is one of the UK's few natural swimming centres.

You can try paddle boarding with the help of professional instructors. If you are a non-swimmer, we can rent a rowing boat instead.

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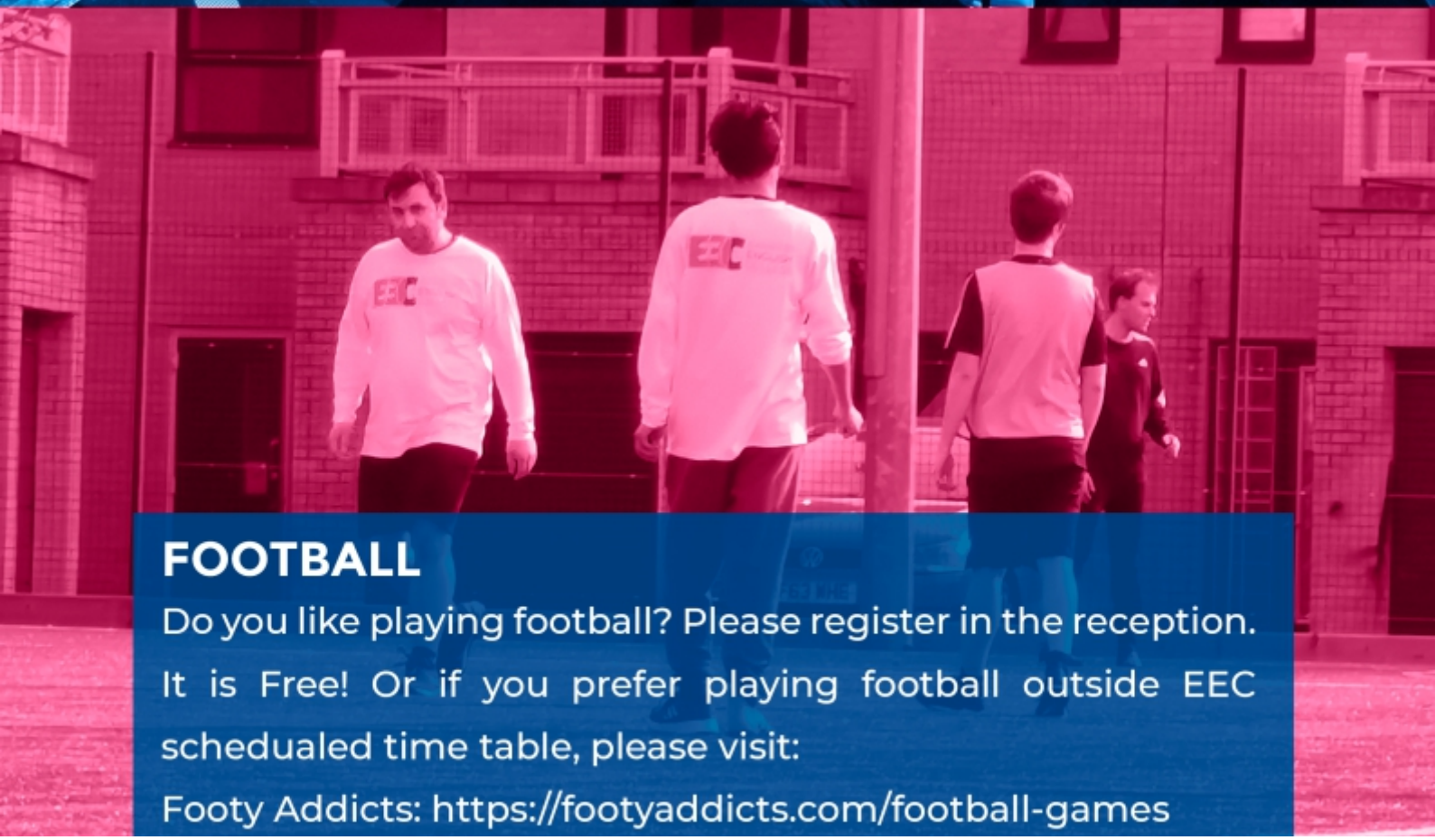
LASER QUEST

Who will win on this trip to Laser quest? Our students love this trip. It is a great way to let your hair down and have some fun, and perhaps be on the winning team. Here at EEC, we take pride in building strong teams with others.



FOOTBALL

Do you like playing football? Please register in the reception. It is Free! Or if you prefer playing football outside EEC schedualed time table, please visit:

Footy Addicts: https://footyaddicts.com/football-games

TENNIS

Pass by reception and we will happily book you a tennis court at Alexandra Park (5 minutes away from the school)

HELLY HANSON CLIMBING CENTRE

Why not try something new whilst you are here in the UK? Your classmates and teachers will encourage you to get to the top of this climbing wall in Salford.

TABLE TENNIS

Anyone for Table Tennis? Spend an afternoon with us playing table tennis at the parlour centre in the Lowry.

We will happily book Table Tennis for you and your classmates at the Parlour in the Lowry Salford anytime.

https://www.pingengland.co.uk/tables/lowry-outlet-ping-pong-parlour/

TRAMPOLINING

Join us at Bounce Central to spend an afternoon practicing your English at your jumping skills at the same time!

Have fun letting off steam in this fun afternoon session.

ACTIVITIES
IN THE UK
activities

Whilst studying at EEC you have the fantastic opportunity to explore the North-West of England and beyond. We offer many tours where you can see the best that the UK has to offer. From the Lake District to London, you can see all the UK highlights.

All our City Tours and trips are organised by Smile Adventure. All our City Tours and trips are Free.
To find more about when these activities will take place, feel free to visit our social life page of our website, or directly visit smile adventure website at:
https://www.smileadventures.co.uk/

LONDON

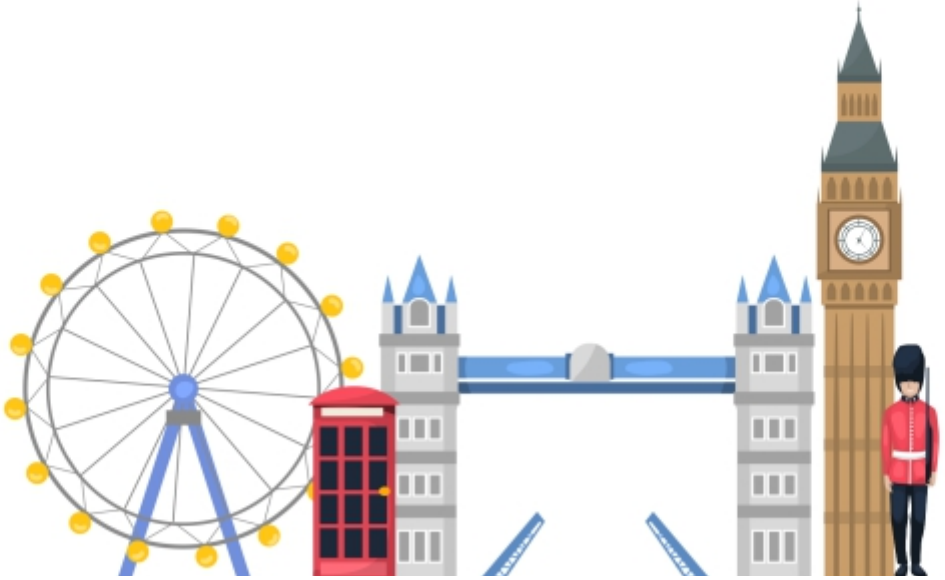
There is no other city quite like London. It is one of those cities that you have to see at least once in your lifetime. We visit London for the weekend as a group to see the best parts of the city and have fun.

LONDON EYE AND LONDON TOUR

If you are looking to see London, we can do this tour together as a group. We can see the London Eye, Big Ben, St Paul's Cathedral and much more!

We visit all the major museums, The British Museum, the iconic Tate Gallery, the Natural History Museum. We also go to The London Dungeon, The London Eye, and the Aquarium.

There are endless possibilities of things we can do in London. We can include any of the following sights on your visit to the capital.



LAKE DISTRICT

If you are not a city dweller, then the British countryside is waiting for you. We will visit the Lake district and explore the beautiful English Countryside throughout this fantastic national park.

LIVERPOOL

If you are a fan of British music then liverpool is a must-see destination.
Home to the beatles and the cavern club you will find out all about this influential band.

NORTH WALES

Small coastal villages and beautiful castles most North Wales one of the best places to visit in the UK.
See beautiful towns such as Conway and drive through Snowdonia National Park.

KNOWSLEY SAFARI PARK

With 750 fascinating animals to see Knowsley Safari Park is a fantastic choice for a fun day out. Find out more about the animals using your English skills and by going to the animal talks and displays.

LYME PARK

Walk through this 1,400-acre estate with fantastic views. See the red deer and experience a great-British day out.

KNUTSFORD AND TATTON PARK

Visit Knutsford, a traditional English village, explore the shops and restaurants.

In the afternoon we can have an afternoon walk through Tatton Park, one of England's most loved parks for a day out.

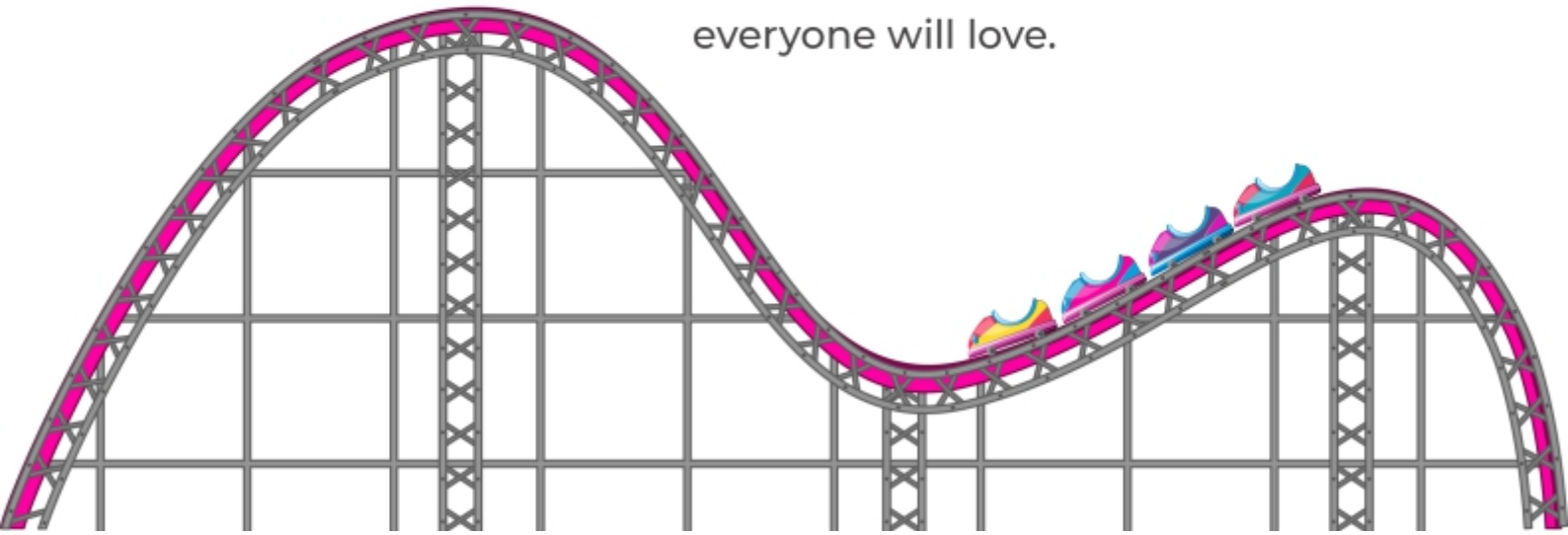
BLACKPOOL PLEASURE BEACH AMUSEMENT PARK

Visit this Victorian theme park at the sea-side full of gentle rides and thrilling rollercoasters.

See a show at Blackpool Tower, walk along the pier and eat snacks such as sugar donuts, rock and cotton candy.

ALTON TOWERS

Are you a thrill-seeker? One of England's best days out is Alton Towers. With over 40 rides and attractions there is a ride that everyone will love.



FREE MUSEUMS & ART GALLERIES IN MANCHESTER

Manchester

museums

museums

- GREATER MANCHESTER POLICE MUSEUM
- MUSEUM OF SCIENCE AND INDUSTRY
- IMPERIAL WAR MUSEUM NORTH
- THE MANCHESTER MUSEUM
- PEOPLE'S HISTORY MUSEUM
- BURY TRANSPORT MUSEUM
- MUSEUM OFF HATTING
- TOUCHSTONES ROCHDALE MUSEUM
- SALFORD MUSEUM AND ART GALLERY
- MUSEUM OF THE MANCHESTER REGIMENT
- GREATER MANCHESTER MUSEUM OF TRANSPORT
- PORTLAND BASIN MUSEUM
- GREATER MANCHESTER FIRE SERVICE MUSEUM
- STOCKPORT MUSEUM
- ROCHDALE PIONEERS MUSEUM
- BOLTON MUSEUM, AQUARIUM AND ARCHIVE

museums
museums

- BURY ART MUSEUM AND SCULPTURE CENTRE
- SADDLEWORTH MUSEUM
- CLAYTON HALL LIVING HISTORY MUSEUM
- THE WHITWORTH
- MANCHESTER ART GALLERY
- CASTLEFIELD GALLERY
- THE HOLDEN GALLERY
- CAUSTIC COASTAL
- THE WEAVERS FACTORY
- CENTRE FOR CHINESE CONTEMPORARY ART
- HOME
- PARADISE WORKS
- BANKLEY STUDIOS AND GALLERY MANCHESTER
- SALFORD MUSEUM AND ART GALLERY
- BURY ART MUSEUM AND SCULPTURE CENTRE
- ARTZU GALLERY

FREE MARKETS
IN MANCHESTER
Manchester

markets markets

- NORTHERN QUARTER MAKERS MARKET
- ALTRINCHAM MARKET
- LEVENSHULME MARKET
- ARNDALE MARKET
- BURY MARKET
- STOCKPORT MARKET
- CASTLEFIELD MARKET
- HEATON MOOR MARKET
- RAMSBOTTOM FOOD AND CRAFT MARKET

FREE PARKS
IN MANCHESTER
Manchester

parks

- HEATON PARK
- FLETCHER MOSS BOTANICAL GARDENS
- BURRS COUNTRY PARK
- HAUGHTON DALE
- WHITWORTH PARK
- REDDISH VALE COUNTRY PARK
- CHORLTON WATER PARK
- BUILE HILL PARK
- ALEXANDRA PARK
- STALYBRIDGE COUNTRY PARK
- WERNETH LOW COUNTRY PARK

OTHER ACTIVITIES IN MANCHESTER

Manchester

- PARKS IN THE CITY CENTRE
- AXE-THROWING
- BOWLING
- ODEON CINEMA
- INDOOR GO-KARTING
- GOLF DRIVING RANGE
- FOOD TOUR OF MANCHESTER
- ENVIRONMENT ACTIVITY

NATIONAL TRUST MEMBERSHIP — College will pay **10%** of membership

IF ANY STAFF/ STUDENTS WOULD LIKE TO BUY A BIKE — College will pay **10%** of its cost

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